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Research Paper

Mothering and fathering on emotional intelligence

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Department of Home Science and Extension Education, College of Rural Home Science (U.A.S.), DHARWAD (KARNATAKA) INDIA ■ABSTRACT: An ex-post-facto study to analyse influence of parenting styles on emotional intelligence was conducted on a purposive sample of 300 male and 200 female students of College of Agriculture and College of Rural Home Science, University of Agricultural Sciences, Dharwad, Karnataka state. The age of the respondents ranged from 18 to 23 years. Parenting scale (Bharadwaj *et al.*, 1995) was used to measure the parenting styles. Emotional intelligence questionnaire was used to measure the emotional intelligence. The data were subjected to coefficient of correlation and regression analyses. The results revealed that, there was significant positive correlation between self-awareness, emotional resilience, motivation, interpersonal sensitivity, influence, conscientiousness and fathering. But there was a significant negative relationship between fathering and intuitiveness. Correspondingly there was significant positive correlation between self-awareness, interpersonal sensitivity, influence, conscientiousness and mothering. Whereas there was no significant correlation between intuitiveness, emotional resilience, motivation and mothering. The regression analysis revealed that fathering had significant influence on self-awareness, emotional resilience, interpersonal sensitivity, intuitiveness, conscientiousness and emotional intelligence of the students, whereas mothering had significant effect on influence but fathering and mothering had combined significant influence on motivation of the students.

■ **KEY WORDS**: Emotional intelligence, Mothering and fathering